

This listing of claims will replace all prior versions and listings of claims in the application.

**Listing of Claims:**

Claims 1-4(canceled).

5(original). A process for the production of a food product which comprises fermenting a granulated or crushed carbohydrate-containing cereal material with a lactic acid producing microorganism, optionally formulating the fermented material into a shaped product, and cooking to produce said food product.

6(original). A process for the production of a food product which comprises treating a granulated or crushed carbohydrate-containing cereal material with a physiologically tolerable aqueous acid, optionally formulating the treated material into a shaped product, and cooking to produce said food product.

7(currently amended). A process as claimed in ~~either of claims 5 and 6~~ claim 5 further comprising packaging the food product into sealed sterilized containers.

8(currently amended). A cereal-based food material produced by a process as claimed in claim 5 ~~any one of claims 5 to 7 or by way of a use as claimed in any one of claims 1 to 4.~~

9(new). A process as claimed in claim 6 further comprising packaging the food product into sealed sterilized containers.

10(new). A cereal-based food material produced by a process as claimed in claim 6.

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11(new). A cereal-based food material produced by a process as claimed in claim 7.